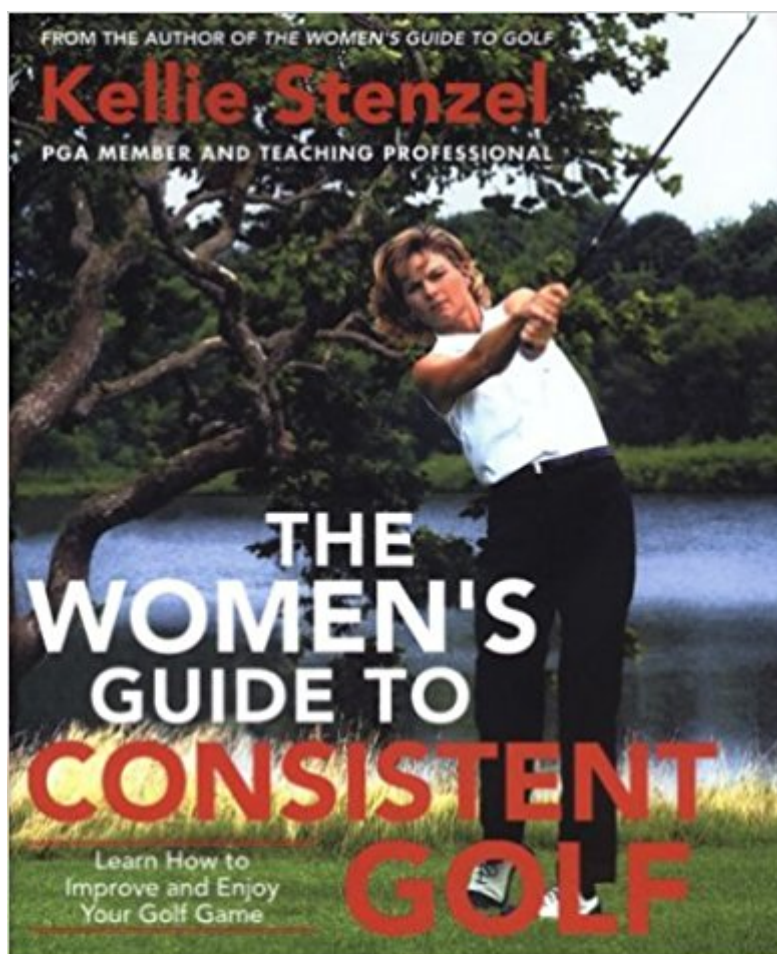


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The Women's Guide To Consistent Golf: Learn How To Improve And Enjoy Your Golf Game



Synopsis

Are you constantly searching for that ever-elusive consistent game of golf? You may know how to hit the shots, but do you know how to play the game of golf? Do you play a round of golf, feeling that you have played pretty well, and find that you are continually frustrated that your score has not decreased as you would have hoped? Learning the art of scoring on the golf course is part of the natural progression of learning the game of golf. Up to this point, you have learned "how," and now you have to take accountability for the more important question, "How many?" This book includes the methods to increase consistency through practice techniques and on-course strategies. It gives you the questions you need to ask yourself to make the right decisions on the course. It teaches you how to make your practice time productive and shows you advanced shot-making options that are available to you as a more experienced player. Once you learn each particular skill-putting, chipping, pitching, sand and full swing-you will then learn how to make all of these shots work under pressure on the course, when each one counts. Apply the techniques you will learn here, and you will see your scores and your handicap drop over time. Find out what the lower-handicap players are doing and thinking. Learn to choose the highest-percentage shot in different situation, along with a short game progression to help you to decide whether to putt, chip, or pitch. Most golf instructionals-especially those for women-deal with the absolute beginner. The program Kellie Stenzel presents here is unique in that it helps golfers with the next stage of their game, thereby enhancing their enjoyment on the course.

Book Information

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Customer Reviews

Teaching pro Stenzel, the author of an excellent beginner's instructional called *The Women's Guide to Golf* (2000), now addresses intermediate women players, those who have experienced some success but still have trouble getting all the parts of their game to work at the same time. Her advice on the swing is straightforward and clearly explained, and she doesn't make the common mistake of trying to teach average players to swing like Tiger Woods. Much of the book is equally applicable to intermediate men players as well as women, but Stenzel does emphasize the parts of the game (using a full complement of fairway woods, for example) that are especially important for women, who typically don't hit the ball as far as men. Her chapters on chipping, pitching, and sand play are superb--good advice without the complexity that short-game guru Dave Pelz brings to the topic. A fine instructional for average golfers hoping to improve. Bill Ott

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"Kellie, your new book is a winner. You have a unique ability to paint pictures with your words. You have taken the complex and communicated it in an understandable form. This book is a must-read for any golfer, male or female, Great job." --Mike Adams, Director of Instruction/PGA National, Golf Magazine top 100 Instructor, and Golf Digest Top 20 Teacher

"An excellent guide from a savvy teacher...Highly recommended." --Library Journal

I have only been golfing for 6 weeks, but this book helped tremendously! I have been taking lessons and watching online videos to learn more info, but this book explained a lot of things that I was just not connecting with previously. I also love the tips and tricks on how to practice and things to do on the course, especially the tips of what to do when things aren't working as planned. I don't usually go for women-only stuff, but I really feel the information from a women's perspective was what I needed!

I find I will be able to use this book to help me with my golf games when it goes south on me. I bought it because I needed help on my putting. This book has a chapter to on how to stop three putting. It has helped a lot and I know I will use it for many other areas of my game. It is well written and has many photographs of proper stance, grip and swings. The putting section was a big help. It is always wise to keep your game in shape as playing golf will keep you mentally alert, exercised and playing the game for the rest of your life.

Very similar to her other book "how to lower your score" don't need to have both books, not

necessary. Kellie's practice techniques and approach is simple and easy to understand. Just keep practicing the drills and watch your score drop!

A must for the beginner golfer. Very clear and instructive. Natural commentary, fun, good photos.

Very helpful book!

For fundamentals and for practice drill ideas, this is a fine female-oriented text. Got it to donate to my old high school's girls golf team, which this year is an 8th grader and a frosh. Hopefully by the time they are close to graduation they will have learned a lot.

Liked her "Beginners" book as well.... might buy that one too. Written with good humor, clear illustrations.

This book is a wonder. Simple, well-organized and readable information one can actually use to learn to game or to double check basics for the advanced player. Highly recommend.

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